

JULIAN P. NOLEN, Ph.D.

LICENSED PSYCHOLOGIST

ASSISTANT PROFESSOR

jnolen@montanaca.com (406) 459-2931

EDUCATION

Colorado State University: Fort Collins, CO

Doctor of Philosophy, Counseling Psychology

July 2015

Master of Science, Counseling Psychology

July 2013

Cumulative GPA: 4.0

Fully accredited by the American Psychological Association

Advisor: Lee Rosén, Ph.D.

Our Lady of the Lake University: San Antonio, TX

Master of Science, Marriage and Family Therapy

July 2011

Cumulative GPA: 4.0

Fully accredited by the American Psychological Association

Willamette University: Salem, OR

Bachelor of Arts, Psychology and English

May 2008

Graduated *cum laude*

RELEVANT PROFESSIONAL EXPERIENCE

President

July 2017 - present

Montana Counseling and Assessment

Helena, MT

Responsibilities:

- Provide counseling and assessment services for high-risk children and families in a private practice community setting.
- Provide consultation and professional training services to human services workers and organizations.
- Collaborate with multidisciplinary community care providers in order to facilitate compassionate and effective client/family care.
- Provide crisis intervention and response services to clients/families suffering from acute distress.

Assistant Professor

August 2018 – present

Psychology Internship Director

Carroll College

Helena, MT

Responsibilities:

- Design, implement, and administer undergraduate psychology courses in a private liberal arts

college setting.

- Collaborate with faculty and students to support a positive campus culture and environment.
- Provide guidance and support to students in order to facilitate their optimal learning and career development.
- Supervise student internships in collaboration with community organizations.
- Network and develop relationships with local organizations in order to support student employment and community outreach.
- Plan, develop, and implement a new Social Work MSW program.
- Select, interview, and hire new administrative staff and faculty.

Licensed Psychologist

January 2017 – October 2019

Psychological/Neurodevelopmental Assessment Specialist

Intermountain Children's Home

Helena, MT

Responsibilities:

- Provided psychological and neurodevelopmental assessment services for high-risk children and families in community, residential, and school settings.
- Conducted supervision and training of multidisciplinary staff members in a variety of mental health settings.
- Provided clinical guidance and leadership during organizational development processes.
- Collaborated with school professionals, medical providers, and community caregivers to provide multidisciplinary support to at-risk youth and families.
- Provided psychoeducation and intervention training to parents, teachers, and administrative staff.

Adjunct Professor

January 2017 – August 2018

Carroll College

Helena, MT

Responsibilities

- Designed, implemented, and administered undergraduate psychology courses in a private liberal arts college setting.
- Collaborated with faculty and students to support a positive campus culture and environment.
- Provided guidance and support to students in order to facilitate their optimal learning and career development.

Psychology Resident and CSCT Therapist

August 2015 – January 2017

Intermountain Children's Home

Helena, MT

Supervisor: Elizabeth Kohlstaedt, Ph.D.

Responsibilities:

- Provided counseling and assessment services for high-risk youth and their families in a public-school setting.
- Collaborated with school professionals, medical providers, and community caregivers to provide multidisciplinary support to at-risk youth and families.
- Provided regular crisis intervention and safety assessment/planning services to youth experiencing acute distress.
- Participated in multidisciplinary treatment planning for a wide variety of client needs and

considerations.

- Provided psychoeducation and intervention training to parents, teachers, and administrative staff.

Predoctoral Intern

August 2014 – July 2015

Casa Pacifica Child and Family Services

Camarillo, CA

Fully accredited by the American Psychological Association

Supervisors: Kelsie Tatum, Psy.D.; Robert Kretz, Psy.D.; Leslie Singer, Ph.D.

Responsibilities:

- Provided counseling and assessment services for high-risk youth in a multidisciplinary residential treatment facility.
- Collaborated with direct care staff, school professionals, medical providers, and community caregivers to provide multidisciplinary support to youth throughout the course of residential care and transition.
- Provided regular crisis intervention and safety assessment/planning services to youth experiencing acute distress.
- Participated in multidisciplinary treatment planning for a wide variety of client needs and considerations.
- Attended weekly didactic seminars and supervision sessions.

Clinical Extern

July 2012 – July 2014

Platte Valley Youth Services

Greeley, CO

Supervisor: Kevin M. Powell, Ph.D.

Responsibilities:

- Provided counseling and assessment services for detained and committed youth in a maximum-security correctional facility.
- Provided weekly support services for detained and committed youth as part of a multidisciplinary team of care providers.
- Provided crisis intervention, evaluation, and psychotherapy, including Suicide Precaution Monitoring and responses to acute distress.
- Participated in multidisciplinary treatment planning for a wide variety of client needs and considerations.
- Developed and facilitated transition plans for youth when transferring to another facility or returning home.
- Integrated a variety of treatments incorporating cognitive behavioral, family systems, interpersonal, and humanistic theory in order to meet the diverse needs of at-risk youth.

Staff Therapist

August 2011 – July 2014

Psychological Services Center

Colorado State University

Fort Collins, CO

Supervisors: Lee A. Rosén, Ph.D., Larry Bloom, Ph.D., Kathryn Rickard, Ph.D.

Responsibilities:

- Conducted client intake assessments.
- Provided a variety of counseling and psychoeducation services for individuals and families in

the Fort Collins community.

- Conducted comprehensive psychological examinations for clients with diverse backgrounds and presenting concerns.
- Participated in weekly didactic training workshops.
- Attended weekly supervision sessions.

Senior Counselor

Rocky Mountain Adventure Camp
Fort Collins, CO

June 2014 - August 2014

June 2013 - August 2013

June 2012 - August 2012

Supervisors: Kim Miller, Ph.D., Lee A. Rosén, Ph.D.

Responsibilities:

- Facilitated strengths-based group counseling for children of military families.
- Incorporated interventions from cognitive-behavioral, family systems, interpersonal process, mindfulness, and adventure therapy models.
- Provided 24-hour behavioral management and emotional support services for at-risk youth.
- Conducted both physical and emotional crisis interventions (i.e., suicide assessment, first aid).
- Designed, developed and implemented interventions and activities for a variety of presenting problems.
- Participated in interviewing, hiring, and training (e.g., behavioral management, clinical intervention) of other staff members.

Instructor

Adventure Therapy: Theory and Practice
Colorado State University

May 2014 – July 2014

- Designed and implemented an innovative undergraduate course for Junior and Senior-level students.
- Developed safe practices for off-campus outings and engagement in life-enriching experiences (e.g., hiking, rock-climbing), within the context of academic environments.

Adolescent Social Skills Group Leader

Psychological Services Center
Colorado State University
Fort Collins, CO

August 2011 – July 2013

Supervisor: Lee A. Rosén, Ph.D.

Responsibilities:

- Designed and implemented experiential social skills group training sessions for adolescents with a wide range of social skills deficits or disorders (e.g., autism spectrum, anxiety, ADHD).
- Helped group members and their families to identify and pursue appropriate interpersonal goals, as well as developing and introducing interventions specifically targeted at the achievement of said goals.
- Assigned “achievements” for group members to pursue in the home setting, in order to best facilitate the generalization of skills practiced in group.
- Provided psychoeducation and individualized progress reports to the parents and guardians of group members.

Guest Lecturer

February 2012 – July 2014

Various Courses, Department of Psychology, Colorado State University

- “Autism Spectrum Disorders,” Child Psychopathology and Exceptionality
- “Therapeutic Techniques for Resistant Populations,” Counseling Skills Seminar
- “The Roles of Nature, Exercise, Adventure, and Experience in Therapeutic Change,” Therapeutic Lifestyle Changes for Mental and Physical Health
- “Psychological Assessment of Children and Adolescents,” Child Psychopathology and Exceptionality

Graduate Teaching Assistant

January 2012 - May 2012

Human Sexuality

Dr. Larry Bloom, Ph.D.

Colorado State University

Graduate Teaching Assistant

August 2011 - May 2012

Introduction to Psychology

Dr. Karla Gingerich, Ph.D.

Colorado State University

Clinical Intern

January 2011 - May 2011

Any Baby Can

San Antonio, TX

Supervisor: Richard Brake, Psy.D.

Responsibilities:

- Provided counseling services for families with children suffering from chronic physical or psychological illnesses.
- Participated in frequent case-consultation and treatment planning in collaboration with other healthcare professionals.
- Tracked client progress and therapeutic relationships via standardized evaluation measures.
- Participated in weekly group supervision meetings.

Clinical Intern

August 2010 - May 2011

ChildSafe

San Antonio, TX

Supervisor: Fred A. Borroel, M.S., LPC-S

Responsibilities:

- Provided individual and family psychotherapy for predominantly low-SES and minority victims of sexual abuse.
- Conducted planning, organization, and execution of adventure-based therapy activities (i.e., camping, rock climbing, kayaking, etc.).
- Worked as part of a multidisciplinary team responsible for the evaluation and treatment of abuse victims, as well as the prosecution and/or rehabilitation of offenders.
- Participated in weekly group and individual supervision meetings.

Staff Therapist

August 2010 - May 2011

Community Counseling Service

San Antonio, TX

Supervisor: Bernadette Solorzano, Psy.D.

Responsibilities:

- Provided psychotherapy services for individuals, couples, and families from predominantly low-income and minority demographics.
- Tracked client progress and therapeutic relationships via standardized evaluation procedures.
- Participated in weekly group supervision meetings.

Clinical Intern

August 2010 - December 2010

Haven for Hope

San Antonio, Texas

Supervisor: Monte Bobele, Ph.D.

Responsibilities:

- Provided individual and family psychotherapy services to residents of a community homeless shelter.
- Collaborated with a multidisciplinary team of professionals for the provision of counseling, case-management, and transition services.
- Tracked client progress and therapeutic relationships via standardized evaluation procedures.
- Attended weekly group supervision meetings.

Summer Counselor

May 2009 - August 2009

Intermountain Children's Home

May 2008 - August 2008

Helena, MT

May 2005 - August 2005

Responsibilities:

- Provided compassionate emotional and physical care for severely abused and/or neglected children in a nationally-acclaimed residential treatment facility.
- Provided supportive emotional and behavioral guidance for children aged 4-14.
- Planned, organized, and executed adventure therapy and outdoor recreation activities.

PROFESSIONAL CERTIFICATIONS

Licensed Psychologist, Montana. License #2196

Certified Clinical Anxiety Treatment Professional

Certified Clinical Telemental Health Provider

Certified Trauma-Focused Cognitive-Behavioral Therapy Provider

Certified Child and Adolescent Trauma Professional

Certified ROPES Facilitator

RESEARCH EXPERIENCE

Dissertation

Department of Psychology, Colorado State University, Fort Collins, CO

July 2013 – July 2015

Nolen, J. (2015). Risk and resilience: The role of physical activity and related factors in adult psychological functioning after exposure to childhood maltreatment.

Master's Thesis

Department of Psychology, Colorado State University, Fort Collins, CO March 2012 - June 2013
 Nolen, J. (2013). The role of physical activity in resilience to psychological trauma.

Undergraduate Thesis August 2007 - May 2008
Department of Psychology, Willamette University, Salem, OR
 Nolen, J. (2008). Environmental neurotoxins and autism epidemiology.

PUBLICATIONS

O'Donnell, M. B., Maples, L. A., Park, S. S., **Nolen, J. P.**, Gibbons, A. M., & Rosén, L. A. (2018). The college adjustment questionnaire: A measure of student's educational, relational, and psychological adjustment to the college environment. *Journal of College Student Development*, 59, 116-121.

Nolen, J. P. (2017). Adventures in Adolescence: *Youth Connections Magazine*, June 2017, 7-9.

Nolen, J. P. (2017). Building Family Resilience in the Winter Months. *Montana Parent*, January 2017, 51-53.

Maples, L.A., Park, S.S., **Nolen, J. P.**, & Rosén, L.A.. Resilience to child abuse and neglect in college students. *Journal of Aggression, Maltreatment & Trauma*, 23, 1001-1019.

Nolen, J.P. (2011). A review of Graff, Birkenstein, and Durst's *They Say, I Say*. *gtPathways*, 5, 2.

PROFESSIONAL PRESENTATIONS

Nolen, J.P. (2022). Trauma-Informed Care: The Basics and Beyond: Presented at the CSPD IV Conference. Dillon, MT, June 26.

Nolen, J.P. (2022). Experiential Therapy: Theory and Practice. Presented to the Bitterroot Valley Education Cooperative. Stevensville, MT, April 24.

Nolen, J. P. (2021). Safety and Success: Working with Trauma-Exposed Youth. Presented to the Bitterroot Valley Education Cooperative. Stevensville, MT, August 16.

Nolen, J.P. (2021). Mental Health 101: Staying Sane During Insane Times. Presented to students and faculty members of Carroll College. Helena, MT, May 3.

Nolen, J. P. (2019). Maintaining Optimism while Making Change. Presented to the School Administrators of Montana. Helena, MT, December 16.

Nolen, J.P. and Honzel, N. (2019). Navigating Student Mental Health Concerns and Crises. Presented to faculty members of Carroll College. Helena, MT, November 14.

Nolen, J.P. (2019). Strengths and Struggles of the Adolescent Brain. Presented at the Beaverton School

District Summer Symposium. Beaverton, OR, June 18-19.

Nolen, J.P. (2019). Innovative Approaches to Trauma-Informed Care. Presented to the Stevensville School District. Stevensville, MT, April 23.

Nolen, J.P. (2019). Seeing the Strength: Identifying and Fostering Resilience in Trauma-Exposed Youth. Presented to the Montana Child Abuse and Neglect Conference, Missoula, MT, April 1.

Nolen, J.P. (2019). Innovative Approaches to Trauma-Informed Care. Presented to the Montana Child Abuse and Neglect Conference, Missoula, MT, April 1.

Nolen, J.P. (2019). Innovative Approaches to Trauma-Informed Care. Presented to the Montana Council for Exceptional Children. Helena, MT, February 22.

Nolen, J.P. (2018). Integrating Trauma-Informed Care into Communities and Schools. Presented at PIR Days. Bozeman, MT, September 28.

Nolen, J.P. (2018). Healing the Whole Child: A Multidisciplinary Approach to Understanding and Supporting Victims of Developmental Trauma. Presented to the Montana Educator's Association, Helena, MT, October 18-19.

Nolen, J.P. (2018). Integrating Trauma-Informed Care into Communities and Schools. Presented to the Kalispell Evergreen School District, Kalispell, MT, August 20-21.

Nolen, J.P. (2018). Compassion and Case Conceptualization. Presented at the Montana Preschool Development Grant Summer Institute. Helena, MT, August 8.

Nolen, J.P. (2018). The Basics of Trauma-Informed Care. Presented at the Montana Preschool Development Grant Summer Institute. Helena, MT, August 8.

Nolen, J.P. (2018). A Strengths-Based Approach to Trauma-Informed Care. Presented at the Montana Child Abuse and Neglect Conference, Missoula, MT, April 26.

Nolen, J.P. (2018). Strengths of the Adolescent Brain: Supporting Psychological Well-Being in the Lives of our Teenagers. Presented at the Montana Child Abuse and Neglect Conference, April 25.

Nolen, J.P. (2018). Putting the Mask on First: Maintaining Self-Care in a Career of Self-Sacrifice. Presented to Anaconda School District staff, Anaconda, MT, February 26.

Nolen, J.P. (2018). The Basics of Trauma-Informed Care. Presented to the Ennis School District, Ennis, MT, January 15.

Nolen, J.P. (2018). Trauma Town Hall: an Open Forum for Discussion of High-Risk Students. Training provided to Anaconda School District staff, Anaconda, MT, January 8.

Nolen, J.P. (2017). Compassion and Clinical Case Conceptualization. Training provided to Anaconda School District staff, Anaconda, MT, October 9.

Nolen, J.P. (2017). Mental Wellness and the Teenage Brain. Presented at the ChildWise Institute Fall Summit, Helena, MT, September 29.

Nolen, J.P. (2017). An Introduction to Experiential Therapy. Training provided to Intermountain School-Based Services staff, Helena, MT, September 25.

Nolen, J.P. (2017). The Basics of Trauma-Informed Care. Presented to the Anaconda School District, Anaconda, MT, August 29.

Nolen, J.P. (2017). ACEs and Beyond: Compassionately and Effectively Working with Trauma-Exposed Youth. Presented at the Montana Para-Educator's Conference, Helena, MT, August 7 and 8, 2017.

Nolen, J.P. (2017). Understanding and Responding to Trauma-Exposed Youth. Presented at the Helena School District PLC Conference, Helena, MT, June 13, 2017.

Nolen, J.P. (2016). Trauma-informed care in communities and schools. Presented at the Montana School Counselor's Association Fall Conference, Bozeman, MT, April 15, 2016.

Borroel, F., & **Nolen, J. P.** (2010). The family enrichment through adventure therapy (FEAT) program. Presented at the ChildSafe Child Abuse Conference, San Antonio, TX, November 13, 2010.

ORGANIZATIONAL AND COMMUNITY SERVICE

Co-Chair Carroll College Curriculum Committee	August 2021 – present
Member Carroll College GSA Club	August 2021 – present
Faculty Advisor/Chapter Head Psi Chi, The International Honor Society in Psychology	July 2021 – present
Faculty Advisor Carroll College Psychology Club	July 2021 – present
Founding Member Montana Task Force for Native Youth Outdoor Programming	March 2020 – present
Grant Reviewer Montana Academy of Sciences	April 2019 – present
Student Thesis Reader/Advisor	August 2018 – present
Member	

Carroll College Career Services Hiring Committee May 2022 – July 2022

Member and Documentarian August 2020 – July 2021
Carroll College Curriculum Committee

Member November 2020 – June 2021
Psychology Department Hiring Committee

Member June 2019 – October 2020
MSW Program Development/Hiring Committee

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)
Division 17, Society of Counseling Psychology
Division 58, Trauma Psychology

SELECTED AWARDS

Nomination for Outstanding Teaching Award, Carroll College, 2023
Artaza Grant Recipient (\$3000), Carroll College, 2023
Nomination for Outstanding Teaching Award, Carroll College, 2022
International scholarship funding recipient (\$1800), Carroll College, 2021
Completed with Distinction: Colorado State University Comprehensive Ethics Examination, 2012
National Merit Finalist, 2003-2004